## GS 103: Freshman Seminar

## **Class Program**

**General Studies** 

## Credits 3

Academic course to improve success of first-year students. Stresses importance of academic learning while creating sense of belonging. Taught by faculty from a variety of disciplines. Examines factors known to improve likelihood of success among first-year students. Individuals participate in either group or individual service learning projects. This class may include students from multiple sections. (Elective)

## **Course Outcomes**

- 1. Work cooperatively and productively with others.
- 2. Recognize the need to examine cultural and ideological diversity as well as the need to foster tolerance as a member of the college and community.
- 3. Explore, discover, and express ideas-about themselves and the world-in a variety of forms both chosen and assigned.
- 4. Develop and adapt a set of study, coping, and survival skills for college.
- 5. Accept responsibility for their own learning distinguishing between "victim" and "creator" languages.
- 6. Develop decision making strategies.
- 7. Reduce anxiety and timidity in expressing ideas and opinions orally in a group setting.
- 8. Use a calendar to plan and structure time for academic and personal goals.
- 9. Identify and explain the relationship among short-term learning goals and long-term career plans.
- 10. Identify information about Peninsula College's history, mission statement, organization, rules and regulations, people, services, and resources.
- 11. Identify and use the helping resources of Peninsula College, including (but not limited to) Counseling Services, Student Activities, Communications Lab, Math Lab, Career Services, Library Media Center, etc.
- 12. Identify and communicate the history and structure of American higher education.
- 13. Identify various points of interest on campus.
- 14. Attend and evaluate at least two on- or off-campus cultural events.
- 15. Plan, organize, and carry out a group or individual community service project.
- 16. Join or participate in at least one out-of-class activity.
- 17. Conduct and write a report about a personal interview with a faculty or staff member.
- 18. Write letters for appropriate situations such as inquiry, thank-you, professional, etc.

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